

HOW TO SURVIVE AND THRIVE WITH A MENTALLY ILL RELATIVE

Michael Di Paolo, Ph.D.



Go to <http://www.DrMichaelD.com>

Free Lecture Series

Tuesday evenings from 7:00 to 9:00 PM
(Arrive by 6:45 to get handouts and be seated.)

2471 E. Walnut

(PCTI's Wilson Auditorium)

Pasadena, CA

All are welcome!

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- Sept. 15th:** **Inside the World of Bipolar Disorder** <http://youtu.be/G1Xe8awbPeU>
- Sept. 22nd:** **Balancing Bipolar-Four Pillars of Treatment** <http://youtu.be/Q2KNgzVYQZo>
- Sept. 29th:** **Inside the Darkness of Depression** <http://youtu.be/5vBEF1ctM6Q>
- Oct. 6th:** **Inside the Beautiful Mind “ of Schizophrenia** http://youtu.be/_4JCM1YpEJ4 *
- * The character after “be/” is an underscore.
- Oct. 13th:** **Recovery with Schizophrenia** <http://youtu.be/XpY2K8pHfLo>
- Oct. 20th:** **Understanding Trauma and PTSD** <http://youtu.be/t2XqE3dVt2c>
- Oct. 27th:** **The Family As Ally-Helpful Skills and Strategies** <http://youtu.be/I0NPGMBH578>
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